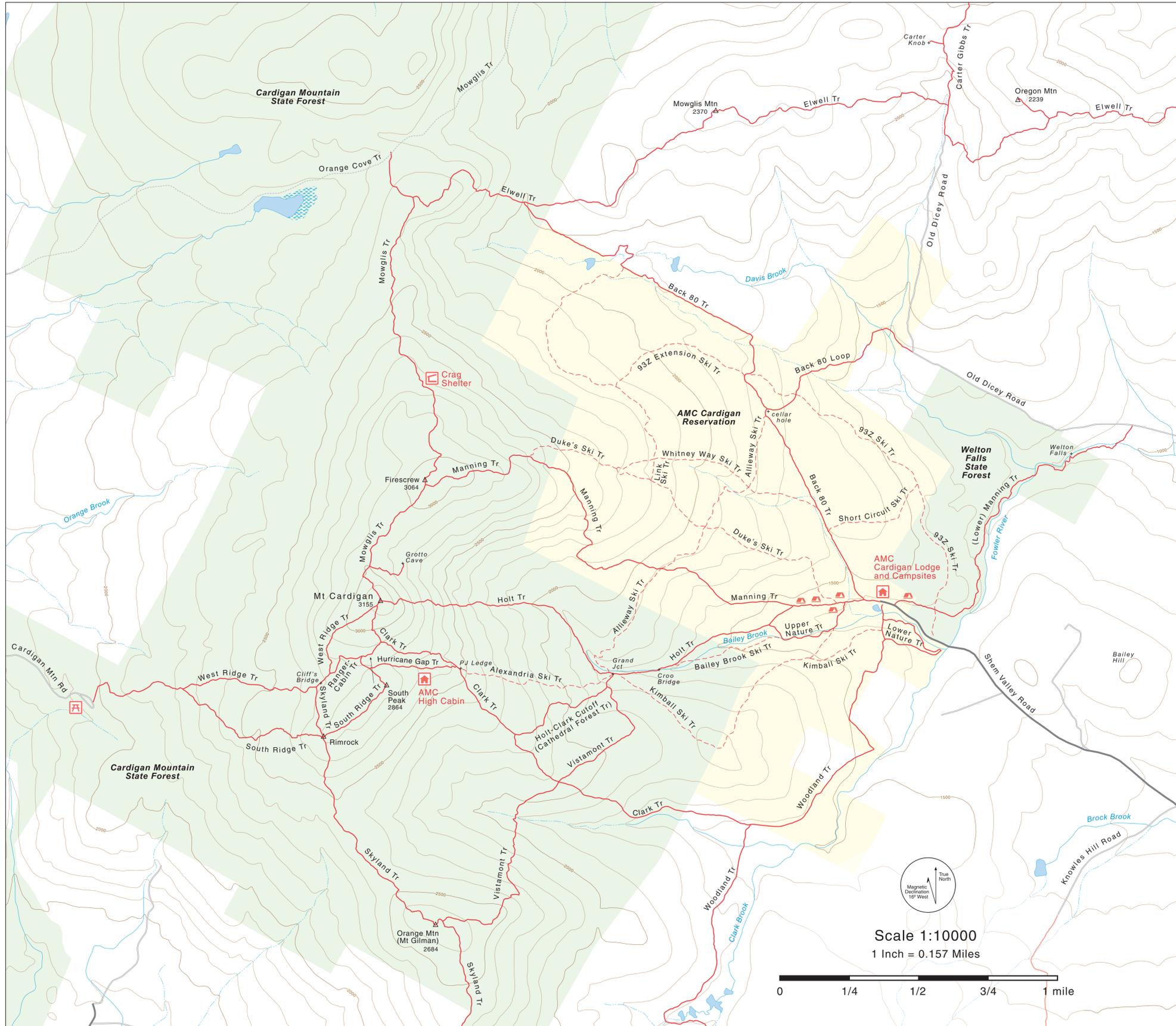


# Recreation Opportunities

## Mount Cardigan Region

### Appalachian Mountain Club



## Recommended Trips

Easy Hikes	Round Trip Mileage
Upper and Lower Nature Trails Pleasant walks with interpretive opportunities	1 mile loops
Welton Falls A deep, mossy ravine with attractive falls, rapids and potholes	2.8 miles
Back 80 Trail An old logging road to an historic cellar hole	1.6 miles
Woodland - Vistamont - Holt Trails loop Old woods road through historic farmland to a rich pine stand	3.7 miles
Intermediate Hikes	
Mt Cardigan via Firescrew Manning Tr to Mowglis Tr, return Clark-Cutoff-Holt Trails. Wide-ranging views from the open summit and firetower.	5.6 miles
Mt Cardigan via Orange Mtn A lesser-used route via Holt-Vistamont-Skyline Trails. Return Clark-Cutoff-Holt Trails.	6.9 miles
Oregon Mtn A peaceful, quiet outpost with wooded ledges and views, via Back 80-Back 80 Loop-Old Dickey Road. Return the same way or via Welton Falls.	6.0 miles

## Challenging Hikes

Mt Cardigan via Holt Trail <i>A steep scramble up open ledges; May be dangerous in wet or icy conditions.</i> Return via Firescrew / Manning Trail.	5.2 miles
Firescrew-Cardigan-Orange Circuit A circumnavigation of the Bailey Brook basin.	7.4 miles
Back 80-Mowglis-Clark Circuit An excursion to the northern ridgeline of the Cardigan landscape	8.2 miles

## Legend

- Hiking trail
- - - Ski trail
- Ski trails are not maintained for summer use  
Please do not use for hiking*
-  AMC Cardigan Lodge
-  AMC High Cabin
-  Shelter
-  Tentsite



For more information about Cardigan Lodge or other AMC destinations, please speak with Cardigan staff or visit our website [www.outdoors.org](http://www.outdoors.org).  
AMC Southern New Hampshire Trail Guide and maps are available for purchase.